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to suicide on April 13/09. They want people to know the warning signs & help prevent others from experiencing this devastating loss. They are offering support to families that are experiencing loss from suicide. Together we are stronger!

Suicide Prevention & Awareness Committee Mary Fisher 634-3821 Sandie Batt 634-1006



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Support After Suicide

For support, contact your local **Mental Health & Addiction Services office** or call:

Mental Health Crisis Line 1-888-737-4668

Kids Help Phone 1-866-668-6868

NL Health Line 1-888-709-2929



Don't be afraid to ask for help... You are not alone!

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